



ORGANIZA



MONTEMAR
CLUB ATLÉTICO



AYUNTAMIENTO DE ALICANTE



DIPUTACIÓN
DE ALICANTE



COMUNITAT
DE L'ESPORT

18 FEBRUARY
2024

HALF MARATHON & 10K

COMPOSITION OF THE REGULATION

- 1** GENERAL ASPECTS
- 2** PARTICIPATION REQUIREMENTS
- 3** COMPETITION ASPECTS
- 4** CONCERNING REGISTRATION
- 5** PECULIARITIES OF THE EVENT
- 6** REQUIREMENTS FOR PARTICIPANTS
- 7** PRIZES, TROPHIES AND MEDALS
- 8** PENALTIES
- 9** CONCERNING COMPLAINTS
- 10** MISCELLANEOUS ASPECTS



HALF MARATHON & 10K

COMPOSITION OF THE REGULATION

1 GENERAL ASPECTS

1. **The 28th Meridiano International Half Marathon & 10K Aguas de Alicante** is organised by the **Club Atlético Montemar and the Sports Council of Alicante City**. Two urban races of 21.097,5 metres and 10.000 metres in which all persons may participate, whether federated or not, who have not been sanctioned in any way on the deadline for registration, who are 18 years of age on the day of the race, who have not been sanctioned in any way on the last day of registration and who meet the requirements demanded.
2. These "**Participation Regulations**" are governed by the RFEA regulations, which can be consulted on the official RFEA website www.rfea.es.
3. **The 28th Meridiano International Half Marathon & 10K Aguas de Alicante** will take place on 18 FEBRUARY 2024. The start will be at 9:30 am from the Muelle 12 area (Ocean Race area) called for the race RUNNER'S LANDING, and the finish line will be located in the same place.
4. The Organising Secretariat will be located in the offices of the organising club at its facilities in Albufera; telephone: 675 87 57 67; e-mail: inforunners.montemar@gmail.com where we will be available from Monday to Friday from 9:00h. to 14:00h.

2 PARTICIPATION REQUIREMENTS

The prerequisites to be met by those interested in participating in the race are:

1. To be in sufficient physical condition to run the entire course and to do so under their own responsibility.
2. To be able to run within the established maximum time.
3. Not to suffer from any illness, physical defect or injury that could be aggravated by participation.
4. If you are a federated athlete: be in possession of a valid federative licence and not be subject to any type of federative sanction.

Any person who does not meet these participation requirements will not be able to register for the race.

3 COMPETITION ASPECTS

1. **The 28th Meridiano International Half Marathon and 10K Aguas de Alicante** complies with the regulations of the RFEA, the circuit is approved by the RFEA and therefore the marks obtained will be official.
2. The course will be duly signposted at each kilometre by means of markers with the corresponding number.
3. In the general interest, the organisation will limit the maximum time to be used by participants on the course in the following times:
 - 5 kilometres: maximum time 40 minutes.
 - 10 kilometres: maximum time 1 hour and 10 minutes.
 - 15 kilometres: 1 hour and 45 minutes
 - 20 kilometres: 2 hours and 20 minutes
 - Finish line: 2 hours and 30 minutes

Any participant who does not comply with the maximum time limits will be disqualified.

4. Refreshment stations will be installed at kilometres 5, 10 and 15 (approximately), where sustainable containers will also be placed.
5. The timing of the race will be done using the "**disposable electronic chip**" system attached to the race bib. Runners must collect it before the start of the race together with the runner's bag.



HALF MARATHON & 10K

COMPOSITION OF THE REGULATION

6. There will be race controls at the start and finish line, as well as at various points along the circuit, and all participants must pass through them.
7. The **28th Meridiano International Half Marathon & 10K Aguas de Alicante** will have the necessary medical services to attend to the runner during the race. The Organization recommends that all participants undergo a Medical Examination prior to the race, all participants accepting the risk derived from the sporting activity.
8. A cloakroom area will be set up near the finish line. The Organisation accepts no responsibility for valuables deposited in this area.
9. The entire circuit will be restricted to road traffic and completely closed in the direction of the race. The only vehicles authorised to follow the race will be those designated by the organisers.
10. For safety reasons, it is forbidden to participate or to be on the race circuit with dogs, baby carriages, bicycles, skates or any other object that may hinder the running of the race and/or cause a risk to other runners.
11. Participants will be provided with accident and civil liability insurance that will cover the incidents inherent to the race, in accordance with current legislation. The Organisation declines all responsibility for any damage, harm or injury that participants may suffer or cause to third parties, outside the strict scope of the competition.
12. Competitors may not overtake the official car that opens the race at any time, nor may they overtake the official car that closes the race. If they do so, they will be disqualified and excluded from the coverage of the insurance policy that covers the race.
13. It is not possible to participate in the race or access the race services without a race bib.
14. It is not permitted to accompany participants by bicycle or any other type of vehicle.
15. In the organisation and development of the race, the basic rules of respect for the environment will be taken into account.

4 CONCERNING REGISTRATION

1. Registrations will be made online on the **RunRun** platform set up by the organisers, www.runrunsports.com.
2. The maximum date for registration, provided that there are still places available, will be:
 - I. From 1 July to 31 August 2023.
 - II. From 1 September to 31 October 2023.
 - III. From 1 November to 31 December 2023.
 - IV. From 1 January to 10 February 2024.
3. The organization establishes the prices for the registration modalities of the **28th MERIDIANO INTERNATIONAL HALF MARATHON & 10K AGUAS DE ALICANTE**, as follows:
HALF-MARATHON:
 - 18€ JULY 1st TO AUGUST 31st 2023.
 - 21€ SEPTEMBER 1st TO OCTOBER 31st 2023.
 - 23€ NOVEMBER 1st TO DECEMBER 31st 2023.
 - 25€ JANUARY 1st TO FEBRUARY 10th 2024.



HALF MARATHON & 10K

COMPOSITION OF THE REGULATION

10K:

- 12€ JULY 1st TO AUGUST 31st 2023.
- 14€ SEPTEMBER 1st TO OCTOBER 31st 2023.
- 16€ NOVEMBER 1st TO DECEMBER 31st 2023.
- 18€ JANUARY 1st TO FEBRUARY 10th 2024.

(*) *The registration fee does not include the day's licence.*

(**) *At the time of registration you can request the option of engraving your time on the medal with an additional cost of 5 €.*

(***) *The cost of the engraving at the Runner's Fair will be 7 €, and at the race itself 10 €.*

(****) *In the event that registrations are opened at the Runner's Fair (Friday 17th and Saturday 18th), the registration fee will be 30€ for the Half and 20€ for the 10K + the day licence (3€).*

4. Registration will be free for all participants in any of the four categories of Disabled (Wheelchair Disabled; Sensory Disabled, Blind and Deaf; Intellectually Disabled and Physically Disabled) will obtain free registration. To do so, they will have to apply in writing to the e-mail inforunners.montemar@gmail.com and attach the corresponding documentation.

5. Registration can be paid online through the RunRun registration platform on the website www.runrunsports.com with a secure gateway, by credit/debit card, when the registration procedure requests it.

6. Registration will not be formalised until the payment has been validated before the closing date. When this is the case, a bib number will be automatically assigned and will be confirmed in the same way as the registration via email. Having a bib number assigned guarantees that the participant has been correctly registered.

7. There will be 5 starting boxes. These boxes are distributed among the following:

- I. **RED BIB:** with red background: up to 1:20 for the Half and up to 40' for the 10K
- II. **GREEN BIB:** with green background: between 1:20 and 1:35 for the Half and between 40' and 45' for the 10K
- III. **BLUE BIB:** with blue background: between 1:35 and 1:45 for the Half and between 45' and 50' for the 10K
- IV. **VIOLET BIB:** with purple background: between 1:45 and 2:00 for the Half and between 50' and 55' for the 10K
- V. **ORANGE BIB:** with orange background: more than 2:00 for the Half and more than 55' for the 10K

8. All participants, by formalising their registration, accept the general conditions of participation in this race and undertake to abide by these regulations and assume the risk inherent in the sport of athletics, without prejudice to the provisions of current legislation.

9. In compliance with the provisions of Regulation (EU) 2016/679 of the European Parliament (hereinafter RGPD) and Organic Law 3/2018, of 5 December, on the Protection of Personal Data and guarantee of digital rights (hereinafter LOPDP), we inform you that your personal data will be processed and will be incorporated into files under the responsibility of **Club Atlético Montemar**, with C.I.F. G-03099749. The collection and processing of personal data is for the purpose of registering participants, as well as informing them of all matters related to the **28th Meridiano International Half Marathon & 10K Aguas de Alicante**.



HALF MARATHON & 10K

COMPOSITION OF THE REGULATION

Club Atlético Montemar is committed to complying with the obligations regarding technical, organisational and security measures set out in the RGPD and LOPDP.

The personal data provided, as well as the images captured during the celebration of the event, will be used for the purpose of the event itself, the dissemination of the event and the final classification of the race, as well as for the promotion of future editions. You expressly accept the transfer of your data to the Spanish Athletics Federation for the fulfilment of its own purposes, and the use of the images obtained during the development of the event to be used in any type of format and/or media (paper, web, communications, video, etc.).

By registering, you declare that you have been informed of the terms contained therein and expressly consent to your personal data being processed for the aforementioned purposes.

In any case you can exercise your rights of access, rectification, suppression, limitation or opposition to its treatment, to its portability and to withdraw your consent before **Club Atlético Montemar, calle Virgilio, 25, C.P. 03016, Alicante, e-mail address inforunners.montemar@gmail.com**, as well as to claim before the Spanish Data Protection Agency.

10. The collect of bib numbers, chip and runner's bag will take place at the Runner's Fair.

11. To collect the bib and chip, it will be necessary to present your ID card, and it can also be collected by another participant with authorisation (the document can be downloaded from the race website) and a photocopy of the runner's ID card.

It will not be possible to register on the day of the race.

5 PECULIARITIES OF THE EVENT

1. The categories for the 28th Meridiano International Half Marathon & 10K Aguas de Alicante, are established as follows:

Minimum age to participate on the day of the race: 18 years old in the half and 16 years old in the 10K.

2. All the indicated ages must be fulfilled on the day of the race.

* A trophy will be awarded to the top FIVE male and female finishers in the General Classification in both the 10K and the Half Marathon.

Under-20 M / F: 18 and 19 years old

Under-23 M / F: 20, 21 and 22 years old

Senior M / F: From 23 to 34 years old

Veteran M 35 / F 35: From 35 to 39 years of age

Veteran M 40 / F 40: From 40 to 44 years of age

Veteran M 45/ F 45: From 45 to 49 years of age

Veteran M 50/ F 50: From 50 to 54 years of age

Veteran M 55/ F 55: From 55 to 59 years of age

Veteran M 60/ F 60: From 60 to 64 years of age

Veteran M 65/ F 65: From 65 to 69 years of age

Veteran M 70/ F 70: From 70 to 74 years of age

Veteran M 75/ F 75: From 75 to 79 years of age

Veteran M 80/ F 80: From 80 to 85 years of age

Disabled in Wheelchair M/ F

Sensory Disabled M/F

Physically Disabled M/F

Intellectually Disabled M/F



HALE MARATHON & 10K

COMPOSITION OF THE REGULATION

3. All trophies not collected on the day of the race will remain at the disposal of the organisers.
4. The category will be assigned automatically when the date of birth is entered in the registration form.
5. Registration for people with disabilities: The 4 categories for both men and women are:
 - 1) Runner with sensory disability (hearing and/or visual).
 - 2) Runner with physical disability.
 - 3) Runner with Intellectual disability.
 - 4) Runner with physical disability in a wheelchair.

6 REQUIREMENTS FOR PARTICIPANTS

1. The circuit is included within the self-protection plan of the event, meeting the necessary conditions for the safe participation of the runner and provided that he/she does not leave the designed route, respects the general and specific conditions of participation, and at all times follows the indications and/or instructions given to him/her by the organisation or the forces of public order.
2. The participant must remain at all times within the designed and delimited circuit and between the vehicles at the head of the race and the tail of the race.
3. By registering, the participant accepts the risks that could derive from the practice of the activity, in the conditions and space of the event (such as joint and/or muscular injuries, chafing, those derived from overexertion, as well as medical complications of illnesses or injuries of the athlete that could be increased by the practice of the physical activity). The course is entirely suitable for running and is approved by the RFEA.
4. The Organisers will have the necessary medical services available to attend to the participant during and at the end of the race.
5. The Organisers recommend that all participants undergo a medical examination prior to the race, all participants accepting the risk derived from the sporting activity.
6. However, runners with special medical conditions (allergies, intolerances, diabetes, etc.) are obliged to notify the organisers in writing in advance, and must request a special label when collecting their race bib, stating their specific problem, telephone number and the name of a contact person on the back, which must be placed in a visible place during the race.
7. **All participants, with their registration, subscribe to the following declaration:**
"I participate in the race on a completely voluntary basis and I consciously assume the hardness of it, taking into account its distance and technical difficulty, for which I declare to have sufficient technical knowledge, experience and state of physical and psychological condition to face the characteristics of the race.

*I declare that I am in optimal health to participate in the **28th Meridiano International Half Marathon & 10K Aguas de Alicante**, having the total certainty of being physically and psychologically fit for it and having passed the relevant medical checks, ruling out any disease, pathology, injury, or any other health problem that may discourage my participation. In the event of any change in my state of health at the time of the event, I undertake not to participate in the same.*

*During the development of the competition I will contribute as much as possible with the Organization, to avoid personal accidents and I will maintain an appropriate behaviour, not endangering my health, nor that of other people. I agree to comply with the rules set out in the **REGULATIONS of the 28th MERIDIANO INTERNATIONAL HALF MARATHON & 10K AGUAS DE ALICANTE**, safety protocols and indications established by the Organization.*



HALF MARATHON & 10K

COMPOSITION OF THE REGULATION

Taking into account all of the above, I release the Organization, sponsors and/or other participating institutions from all responsibility for any accident or injury that I may suffer before, during and/or after the sporting event, renouncing any legal action against any of the aforementioned entities.

I also authorise the Organisation to make advertising use of photos, videos and any other type of audio visual material in which I may appear, accepting the publication of my name in the classification of the race, in the media and/or Internet, without expecting any payment, compensation or retribution for this concept".

NOTICE: The organisation recommends runners to undergo a medical examination prior to the race, all participants accepting the risk derived from the sporting activity.

8. Without such authorisation, participation in the race is NOT permitted.

9. Each participant is responsible for the veracity of the data provided in their registration.

10. Participation in the race is not permitted without prior registration.

11. No refunds of fees will be made unless the race does not take place for reasons attributable to the organisation.

7 PRIZES, TROPHIES AND MEDALS

1. The following prizes are established **exclusively for the Half Marathon**:

General classification: (both men and women)

First classified: 500€

Second classified: 400€

Third classified: 300€

2. Trophies will be awarded to the first five finishers, both male and female, in the general classification of both the Half Marathon and the 10K.

3. Every participant who crosses the finish line will receive a commemorative **medal** for this edition.

4. Failure to appear at the prize-giving ceremony and failure to request a medal within thirty days of the race will result in the loss of the right to receive a trophy or prize.

5. According to World Athletics rules, **ANTI-DOPING CONTROL** may be carried out. Cash prizes will not be awarded until the results of this control are known.

6. The Official Time will be the time elapsed from the start of the race until the finish line, the Real Time being merely informative. The timing will be carried out by means of the CHIP dorsal system of the company EVEDEPORT.

8 PENALTIES

The following may be grounds for **disqualification** by the judges of the event:

1. Failure to comply with the RFEA regulations for these events.

2. Registering with false information.

3. Failure to heed the instructions of the organisers and/or judges during the race.

4. Unsportsmanlike behaviour.

5. Not completing the entire course or not going through any of the established controls.

6. Not placing the chip in the place indicated during the race.

7. Not wearing the bib visible on the chest, or wearing it incorrectly, manipulated or folded.



HALE MARATHON & 10K

COMPOSITION OF THE REGULATION

8. Wearing the advertising on the bib that has been cut out or altered.
9. Participating with a bib number assigned to another runner.
10. Using a bib number not authorised by the organisation.
11. Entering the finish line without a race bib.
12. Refusing to pass the anti-doping control.
13. Participants will be disqualified if they arrive at the finish line with pushchairs or accompanied by minors.
14. Participants will be disqualified if they are accompanied by runners without a race bib.
15. Disqualified runners will not be eligible for prizes and trophies.

9 CONCERNING COMPLAINTS

1. If there is a complaint from a competitor or club, it must be made no later than 30 minutes after the official results of the race have been published. This complaint shall be submitted to the Chief Referee, who shall decide and whose decision shall be final.
2. If the complaint affects the rider's participation, the complaint must be made before the start of the race. If the case cannot be settled in a satisfactory manner before the start of the competition, the rider shall be allowed to participate "under protest". In this case, the complaint shall be settled later by the competent officials.
3. In accordance with Rule 146.11 of the IAAF Competition Rules, the decision of the Referee shall be final and there shall be no right of further appeal.

10 MISCELLANEOUS ASPECTS

1. All matters not provided for in these Participation Regulations and in the relevant Regulations-Conventions shall be in accordance with the provisions of the International Regulations of the IAAF in its Spanish version.
2. The RFEA, the FVA and the Organising Federations or entities shall not be held responsible for any damage that may be caused to themselves or to other persons or entities by the participating athletes.
3. Only awarded participants and teams will be allowed on the podium, other people will not be allowed to do so, and flags, banners, etc. will not be allowed to be carried.
6. Failure to comply with these rules may be grounds for disqualification.
7. The Organising Committee reserves the right to interpret the articles and may establish, modify or delete new rules.
8. The organisation reserves the right to refuse admission to those persons who are in a period of sanction or who are awaiting a decision from a sports body.
9. The organisation reserves the right to modify the registration procedure, notifying and informing in advance on the website www.mediamaratondealicante.com.
10. All participants, by formalising their registration, accept the General Conditions of Participation and agree to have read them.
11. The change of box will be made as long as the capacity of the box allows it.
12. As a general rule, the BOX will be assigned according to what the participant has requested in the registration.



HALF MARATHON & 10K

COMPOSITION OF THE REGULATION

13. If you need to change to a faster BOX after the accreditation process of the initial registration, because you accredited your mark incorrectly or you requested a BOX that does not correspond to your best mark. This will be done by sending a request to inforunners.montemar@gmail.com.

14. If you would like to start from a slower BOX, it is not necessary to make any change, you can start the race in a slower BOX, accessing it on the day of the race.

15. Applications for bib cancellation. The Organization offers the possibility to each participant to take out a bib cancellation insurance for causes suffered by the participant with the following coverage (*link coverage in*).

- Here you can consult the Preliminary Information Document (*link ipid*).
- Summary of the policy and coverage (*link ipid + coverage*).
- In the case of requesting a refund of your registration you can do it **directly here**:
or Request a Refund Insurance Cancellation of your race bib.

If you have any questions or doubts, you can contact us by e-mail at
inforunners.montemar@gmail.com
or via the race website
www.mediamaratondealicante.com